



H.H. Shri Mataji Nirmala Devi Sahaja Yoga Trust

Regd at New Delhi under Trust Act 1882 vide Regd. No. 2463 date 07.04.2005

JAI SHRI MATAJI

INTERNATIONAL CHRISTMAS PUJA 2019

(Angyachakra Puja)

AT SAHASTRARA DHAM NARGOL (GUJARAT)

23rd- 25th December 2019

Samarth

So the first and foremost responsibility of a Sahaj Yogi on this day is to be the Spirit, on the day when we are celebrating the birthday of Christ, who was the Spirit. So this is our greatest responsibility first to see that, are we the Spirit, or we are this body, this mind, this ego; what are we? If you have achieved that state, if you have achieved that state then you are, as they call in Marathi, *samartha*, *means, you are equal to your name*; that you are the Spirit. **If you cannot achieve that, then you're a half baked Sahaj Yogi not yet done.**

1988-1225: Christmas Puja, Ganapatipule, India

Dear Sahaji Brothers and Sisters,

Sahaja Yogis, of Gujarat, Rajasthan on behalf of the National Trust are delighted to inform you that by the Grace and Blessings of our Beloved and Divine Mother, a three days programme of National Sahaja Yoga Seminar & Christmas Puja is being held at SahasraraDham, Nargol, from 23rd to 25th December 2019.

Our Beloved Mother has said Sahaja yogis are the followers of Christ, they are the *Gnostics* as described, and they are the ones who know how to help people to emancipate. Therefore, Sahaji Brothers and Sisters, let us meet at Nargol to celebrate this great Puja at the site where



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Shri Mataji opened the universal Sahasrara Chakra which, by the Grace of our Divine Mother, will eventually emancipate the whole world.

On behalf of National Trust you are invited to share the joy and bliss of divine vibrations on this Holy land during the International Christmas Puja 2019 at Sahastrara Dham, Nargol.

With Love and Respects to all our Brothers and Sisters,

Suresh Kapoor

Executive Secretary

HH Shri Mataji Nirmala Devi Sahaja Yoga Trust

C-17 Qutab Institutional Area

New Delhi-110016

P.S. Schedule of the Three days' programme along with the detailed information is enclosed herewith.



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****SEMINAR SCHEDULE****

INTERNATIONAL CHRISTMAS PUJA CELEBRATION AT SAHASTRAR DHAM

(Nargol-Umargaon Taluka – Dist. Valsad, Gujarat)

w.e.f. December 23rd To 25th 2019

Day 1 - 23rd December 2019 (Monday)

PROGRAM	TIME
Registration.	08:00 AM Onwards
Break fast	08:00 AM to 10:00 AM
Bhajans	10:00 AM to 10:15 AM
Inauguration	10:15 AM to 10:45 AM
Seminar Session-1	10.45AM to 13:30 PM
Lunch	13:30 PM to 15:30 PM
Seminar Session -2	15:30 PM to 16:30 PM
Havan	17:00 PM to 19:00 PM
Gujarati Folk Dance Garba and Cultural Programmes	19:00 PM onwards
Dinner	20:30 PM to 23:00 PM

Day 2 - 24th December 2019(Tuesday)

PROGRAM	TIME
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Morning Meditation at Nirmal Tree	06:00 AM to 07:00 AM
Foot Soak	07:00 AM to 08:00 AM
Breakfast	08:00 AM to 09:45 AM
Bhajans	9:45 AM to 10:00 AM
Seminar Session-3	10:00 AM to 13:30 PM
Lunch.	13:30 PM to 15:30 PM
Seminar Session-4	15:30 PM to 17:30 PM
Tea	17:30 PM to 18:00 PM
Cultural Programme	18:00 PM Onwards
Dinner	20:30 PM TO 23:00 PM

Day 3 - 25th December, 2019 (Wednesday)

PROGRAM	TIME
Morning Meditation at Nirmal Tree	06:00 AM to 7:00 AM
Foot soaking and breakfast	08:00 AM to 9:00 AM
Sawari of Shri Mataji From Nirmal Tree	10:00 AM sharp
Puja	10:30 AM sharp
Mahaprasad	13:30 PM Onwards
Dispersal of Sahaja yogis	15:00 PM Onwards

** SEMINAR EXPENSES **

Date	Adults Rs.	Yuva Shakti (above 12yrs. To 25 yrs.)	Children (From 6 yrs. To 12 yrs.)
Up to 15 th December 2019	2200	Rs.1700	Rs.1200
AT Puja Site	2400	Rs.1900	Rs.1400



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FOR FOREIGN SAHAJA YOGIS

- **Registration for Seminar expenses can be made in INR at Nargol . They should intimate by 10/12/2019 their participation in the event through mail to the organizers and registration can be done onsite. Registration fees is same as per above.**
- **Separate arrangements are being made for their BOARDING AND LODGING at Nargol.**
- **Contact for Help to: - Mr. Ganesh Ahire Mob. 08980455800**

***** MODE OF PAYMENT OF SEMINAR EXPENSES *****

I. Deposited through any of the CBS branches of:

“ORIENTAL BANK OF COMMERCE”

GUNJAN BRANCH, VAPI (GUJARAT)

“SAHAJA YOGA MAHOTSAV, NARGOL, GUJARAT”

Account No: 51342011003897

IFSC Code: ORBC0100965

OR

Seminar expenses can also be sent through Bank Draft in favour of

“SAHAJA YOGA MAHOTSAV NARGOL GUJARAT” payable at Vapi/Surat, Gujarat.

Please send the DD and all relevant correspondence at the following address-

PRAVEEN SHRIVASTAVA

Flat No. 404, L Block, Milestone Apartments,



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**Next to Sterling Heights, Near Sagar Sankul,
Canal Road, Palanpur Jakat Naka,
Surat (Gujarat)
PIN 395009
Mobile: 09033695061**

However, **Payment by draft** should be considered as the last option, if CBS branch is not available nearby. It has been observed that some drafts are lost in transit or received quite late leading to inconvenience to organizers and yogis.

Payment by CTS 2010 Approved Cheques (Multi City Cheques) is acceptable.

Note:

1. All are requested to send complete information of Seminar Amount Deposited in Bank OR sent through bank DD duly filled in the format as per Annexure 1 (Attached) and mail at the following EmailID.: nargolmahotsav@gmail.com
2. For Seminar Amount deposited in groups, Badges will be handed over to one person at one time only.
3. All Sahaja Yogis/Yoginis are requested to kindly send their Seminar Amount before 15th December 2019 so that proper arrangements can be made at Seminar and Puja site.
4. **No Puja money needs to be paid for children below six years of age.**

**** SITE LOCATION INFORMATION ****

- a) Nargol is well connected through Road, Railway and Air, it is situated at sea shore.
- b) Nargol is only 170 Kms from Mumbai, 150 Kms from Surat, 280 Kms from Baroda, 400 Kms from Ahamdabad, 35 Km from Vapi, 20 kms from Bhilad which is situated on NH 8 which goes from Mumbai to Delhi [As per attached handmade map]. From this village, we have to go to Nargol



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on State highway. When coming from Mumbai Bhilad comes first then Vapi, Surat etc.

c) Puja site :Sahasrar Dham , Nargol.

d) A reception point shall be made at Vapi station/Bhilad.

***** CONTACT FOR OTHER QUERIES & HELP *****

For Registration:

Shri Praveen Shrivastava Mob. 09033695061, 09033525130, 09624315472
Shri Mahendra Verma Mob. 9825100944

General Contact No.:

Shri.Kaushik Panchal

Mob. 09825444054

Shri.Pradeep Agarwal



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09426614436
Shri.Ratnesh Kumar

Mob.

Shri.Rakesh Bhai Shah

Mob. 09327452854

09879003747
Shri.Sanjiv Bhai

Mob.

Shri. Rajesh Gupta

Mob. 08000932898

Mob. 09687607031



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Shri. RajeshBhai Bhandari

Mob. 09909116024

For Hotel Accommodations:

Mr. Anil Damania
accommodation)

Mob: 09824103540 (Hotel

Mr. Narendra Mob: 09898556518

Mr. Jagdish Tiwari Mob: 09408721719

Mr. Ankit

Mob:

07405547928

Mr.Nilesh

Mob: 09427007092

For Transporation at Vapi Station:

Mr. Akhilesh

Mob: 09377576316

Mr. Baljit Yadav

Mob:

07069605240/9327911502

Mr. Anil Mesho

Mob:

09974221325

For Transporation at Valsad Station:

Mr. Dave ji Mob: 09724049143

Mr. Ajay ji Mob: 09879846841

For Sanjan / Umergaon Station:

Mr. Dilip Kanojia Mob: 07777969489

Mr. Mukesh Mob: 09824145968

Mr. Paresh Panchal Mob: 09825567695



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**SHRI SRI CHAND CHOUDHARY
(Trustee)**

Email: mother_shrichand@yahoo.co.in

Mob: +91 9829010470

**Mr. Jayantibhai Soni
(State Coordinator)**

Email: jayantisahaji@gmail.com

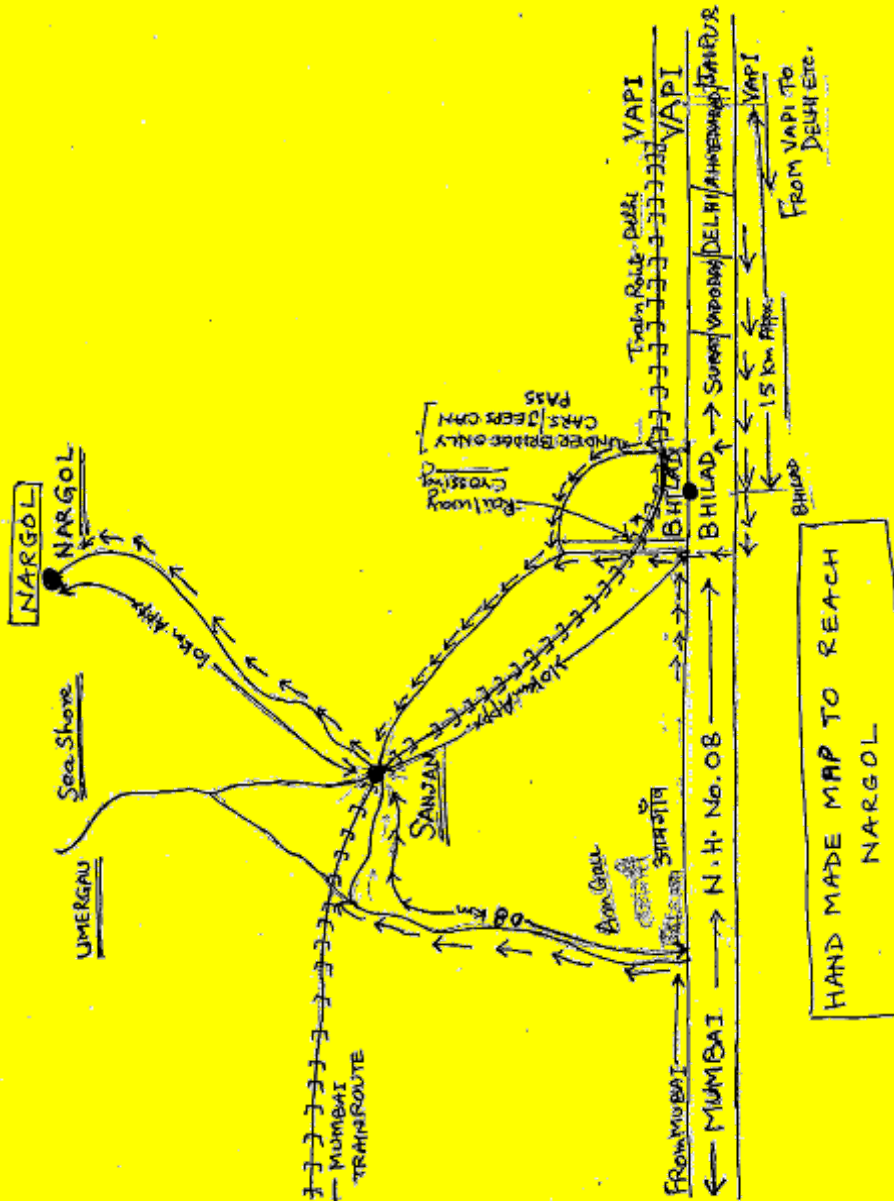
Mob: +91 9687048603



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Hand Made Map to Reach Nargol





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JAI SHREE MATAJI

Here are a few tips which will come in handy for locating and reaching Nargol:

To &Fro Train Time Tables are attached herewith for the trains uptoVapi/ Bhilad&Sanjan from Mumbai /Delhi/ Ahemdabd etc. From Vapi/ Bhilad&Sanjan everybody can get Bus/Taxi/Auto etc. A Bus can be arranged on prior intimation if the persons are in sufficient nos. for a bus on chargeable basis.

Nearest Airports are:

1. Mumbai (appx.175km. from Nargol),
2. Surat (appx.150km from Nargol),
3. Vadodra (appx.280km from Nargol) &
4. Ahemdabad (appx. 400km from Nargol).

Nargol is situated on the sea beach. It is 20 km.from Bhilad, Bhilad is situated on N.H. No 8 (Mumbai to Delhi).If you come from Mumbai Bhilad comes first then Vapi, and if you come from Surat / Vadodra/ Ahemdabad/ Delhi etc. It comes after Vapi.

Distance from Nargol to Vapi :
35km.(App.)

Distance from Nargol to Bhilad : 20km.(App.)

Distance from Nargol to Sanjan : 10km.(App.)

Distance from Bhilad toVapi : 15km.(App.)