

H.H. Shri Mata Ji Shri Nirmala Devi Sahaja Yoga Trust
(Regd. At New Delhi under Trust Act 1882 vide Regd. No. 2463 dated 07.04.2005)
Qutab Institutional Area, New Delhi 110016
E-Mail- nationaltrustsy21@gmail.com Tel. No. 011-26534769, 46064125



II JAI SHRI MATAJI II
GOLDEN JUBILEE CELEBRATION
INTERNATIONAL SAHASTRAR PUJA 2020
AT SAHASTRARA DHAM NARGOL (GUJARAT)
3rd – 5th May 2020

Samuhik Chetana

“Today we have assembled here to celebrate the Sahastrar Day which was opened in 1970 on this date. I find this beautiful canopy is like our Sahastrar and so very apt to have this beautiful arrangement for Sahastrar Day. We have to understand what happens when the Sahasrara opens. When the Kundalini passes through the five centres it enters into the area which we call as limbic area. This area is all surrounded by thousand nerves and when these nerves get enlightened they look like flames of VIBGYOR colours, seven colours, and very mildly, beautifully shining, emitting peace.

But when the Kundalini starts emitting its vibration on the sides all these nerves get enlightened gradually and start moving on all directions, opening the Sahasrara and then the Kundalini emerges out through the fontanelle bone area, which we call as ‘Brahmarandhra’. ‘Randhra’ means the ‘hole’ and the ‘Brahma’ is the All-Pervading Power of God’s love. So it enters into the subtle energy, which is all-pervading, which we do not feel normally. But then the chaitanya, the vibrations, which are the part and parcel of this energy, All-Pervading Power, the Paramchaitanya, they start entering into our brain and showering their blessings in the limbic area they assemble.

Now the limbic area is connected to all the area of the brain and also to the nerves. So it starts flowing onto the nerves giving you the new awareness of collective consciousness, called as ‘samuhik chetana’.

Sahastrar Puja, Ischia (Italy) 5 May 1991

Dear Sahaji Brothers and Sisters,

By the Grace and Blessings of Shri Mataji Sahaja Yogis, of Gujarat along with Rajasthan, Maharashtra and Madhya Pradesh on behalf of the National Trust are delighted to inform you that a three days program of International Sahaja Yoga Seminar & Sahastrar Puja is being organized to mark the 50th Year of Sahaja Yoga **GOLDEN JUBILEE CELEBRATIONS** at Sahasrara Dham Narol from 3rd to 5th May 2020.

As we all know that the Supreme Goddess Her Holiness Shri Mataji Nirmala Devi, had opened the universal Sahastrara for the emancipation and evolution of all the humans on 5th May, 1970 and blessed entire mankind to get their self-realization and achieve the highest level of spirituality at the holy land of Nargol, Gujarat. Let's all witness the divine presence on 50th celebration of opening of sahastrara at Sahastrar Dham, Nargol.

Earlier on the occasion of 25 years of the auspicious Silver Jubilee Celebration of Sahaja Yoga, Shri Mataji blessed Her children by Her presence in the Mahalakshmi Puja at Nargol. The Mahalakshmi Puja was attended by a large numbers of Sahaja Yogis from India and abroad on **29th October 1995**.

This Puja was organized by the French Collective. Our Divine Mother is Omnipresent and how pleased She will be to witness Her children from all over the world coming together to pray and recognize Her effort as our Savior.

The **GOLDEN JUBILEE CELEBRATION** shall be held from **3rd to 5th May 2020** at Nargol with grand celebrations and the Sahastrar Puja. We therefore invite our brothers and sisters from all every part of the world to join us in this momentous occasion.

Further the Chaitanya Rath which commenced its journey from Nargol on 5th May 2019 will return back on 5th May 2020 after vibrating many places in whole of India with Public Programs and opening of new centers at many places.

On behalf of National Trust you all are invited. Kindly disseminate this information to all **City Centres & Rural Centres** within your State.

With Love and Respects to all our Brothers and Sisters,

Suresh Kapoor
Executive Secretary
HH Shri Mataji Nirmala Devi Sahaja Yoga Trust
C-17 Qutab Institutional Area
New Delhi-110016

SEMINAR SCHEDULE

The detailed Circular for '**International Sahastrar Puja & Seminar-2020**' at Nargol shall be circulated later on. Tentative schedule of the event is as below:

3rd May	Seminar sessions, Havana and Cultural Programs
4th May	Collective meditation, interactive sessions and cultural performances, Chaitanya Rath Agaman
5th May	Sahastrar Puja from 10:00 am onwards

SEMINAR EXPENSES

Duration	Dates	Adult	Yuvashakti	Child
		(Above 25 years)	(From 13 to 25)	(From 6 to 12)
For 3 days 3 to 5 May	Before 15 th April	1,800	1,500	1,200
	After 15 th April	2,000	1,700	1,400

MODE OF PAYMENT

1. Deposited through any of the CBS branches of:
“ORIENTAL BANK OF COMMERCE”
GUNJAN BRANCH, VAPI (GUJARAT)
“SAHAJA YOGA MAHOTSAV, NARGOL, GUJARAT”
Account No: 51342011003897
IFSC Code: ORBC0100965

OR

2. Payment by CTS 2010 Approved Cheques (Multi City Cheques) is acceptable.
OR

3. You can pay online through this link: <https://rzp.io/l/sahastrarpuja2020>

CONTACT DETAILS FOR REGISTRATION:

Shri Praveen Shrivastava, Surat. Mob. 9033695061, 9265046482
Shri Mahendra Verma, Surat. Mob. 9825100944

FOR FOREIGN SAHAJA YOGIS

- Registration for Seminar expenses shall be made in INR at Nargol. They should intimate their participation in the event through mail by 15/4/2020 to the organizers on nargolmahotsav@gmail.com and registration can be done through details given below or onsite at the beginning of seminar (no additional charges shall be applicable only if confirmation is received before 15th April 2020). Registration fees is same as per above.
- Separate arrangements will be made for their BOARDING AND LODGING at Nargol. Contact for foreigner accommodation: - Mr. Ganesh Ahire, what's app Mob. 08980455800

Note:

1. All sahajayogis are requested to send complete information of Seminar Amount Deposited in Bank duly filled in the format as per **Annexure 1 (Attached)** on mail at the following EmailID.: nargolmahotsav@gmail.com
2. For Seminar Amount deposited in groups, Badges will be handed over to one responsible person along with details of the payment made at one time only.

3. **Accommodation facility shall be provided for those sahajayogis only who will make their registration before 15th of April 2020.** All Sahaja Yogis/Yoginis are requested to kindly send their Seminar Amount before **15th April 2020** so that proper arrangements can be made at Seminar and Puja site.
4. No Puja money needs to be paid for children below six years of age.

SEMINAR LOCATION

- Nargol is well connected through Road, to neighboring Railway station (Vapi, Valsad, Bhilad) and Airport (Mumbai, Surat); it is situated at sea shore on western side of India and on southern side of Gujarat State.
- Nearest Airports: Mumbai Airport (170kms from Nargol), Surat Airport (150 kms), Ahmedabad (400km)
- Nearest Railway Stations: Vapi (35 Kms from Nargol by roads), Bhilad (35km)
- Puja site :Sahasrar Dham is located in Nargol village along the coast side
- A reception point during the puja days shall be made at Vapi/Bhilad and Valsad Railway stations.
- For detailed map please click here <https://www.sahastrardham.org.in/contact>

SEMINAR KEY CONTACT DETAILS FOR QUERIES AND HELP

Shri Srichand Chaudhary (**Trustee & Puja Convener**)

Email: mother_srichand@yahoo.co.in

Mob: +91 9829010470

All ARRANGEMENTS OF PUJA

Shri. Jayantibhai Soni (Gujarat State Coordinator)

Email: jayantisahaji@yahoo.com

Mob: +91 9687048603

Smt. Seema Sharma

Email: seemanargol@gmail.com

Mob: +91 9925617623

Shri. Mahesh Kumar Saini (Rajasthan State Coordinator)

Email: jsm.saini.mahesh@gmail.com

Mob: +91 9928421850

Shri. Swapnil Dhayade (Maharashtra State Coordinator)

Email: sdhayade@gmail.com

Mob: 9881535678/8308805678

Shri. Mahendra Vyas (MP State Coordinator)

Email: sahajampcoordinator@gmail.com

Mob: 9425103122, 7000191411

Shri Ratnesh Kumar Sharma
Email: rausariaratnesh@gmail.com
Mob: +91 9327452854

General Contact No.:

Name	Mobile
Shri.Jayantibhai Soni	09687048603
Shri. Ganesh Ahire	08980455800
Shri.Pradeep Agarwal	09426614436
Shri. NN Prajapati	09824503888
Shri.Rakesh Bhai Shah	09879003747
Shri.Sanjiv Bhai	08000932898
Shri. Rajesh Bhai	09909116024
Shri. SD Sharma	09419187454
Shri. Manish Singhla	09426917713
Shri. Satyanarayan	09638093169
Shri. Rahul Damedar	07567071936
Shri.Kaushik Panchal	09825444054

For Registration:

Name	Mobile
Shri Praveen Shrivastava	9033695061, 9265046482
Shri Mahendra Verma	9825100944

For cultural performances

Name	Mobile
Shri. Ganesh Ahire	08980455800
Shri. Rahul Damedar	07567071936

For Hotel and Accommodations:

Name	Mobile
Shri. Anil Damania	09824103540 (Hotel Accommodation)
Shri. Narendra	09898556518
Shri. Jagdish Tiwari	09408721719
Shri. Ankit	07405547928
Shri. Nilesh	09427007092

For Transporation at Vapi Station:

Name	Mobile
Shri. Akhilesh	09377576316
Shri. Baljit Yadav	07069605240/9327911502
Shri. Anil Mesho	09974221325

Fo Transporation at Valsad Station:

Name	Mobile
Shri. Nirmal Dave ji	09724049143
Shri. Ajay ji	09879846841

For Sanjan / Umergaon Station:

Name	Mobile
Shri. Dilip Kanojia	07777969489
Shri. Mukesh	09824145968
Shri. Paresh Panchal	09825567695

Other modes of contact

Information related to Sahastrar Dham: <https://www.sahastrardham.org.in/>

Email id for general queries: sahastrardhamnargol@gmail.com

Contact No. (+91) 93272 22943

Address; Sahastrar Dham, Nargol, Valsad District, Gujarat 396120, India

